Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Define Influence:

Define Limitations:

How To Set Goals

1. Define the goal
2. Outline the steps needed to achieve it.
3. Consider possible blocks and ways of dealing with them.
4. Set deadlines

In order for something to be a goal:

* It has to be important to you, personally.
* It has to be within your power to make it happen through your actions.
* It has to be something you have a reasonable chance of achieving.
* It must be clearly defined and have a specific plan of action